

LONG WINTER TRADING COMPANY

Seek Higher Ground

FEEDBACK LOOP

A feedback loop is critical to trading improvement. Let's define the critical items required to create the feedback we need from each trading session.

I track my trading metrics using :

I track my executions using :

I track my mistakes by :

I keep records of my trading charts by :

I talk through the trading day/price action in my :

I review my trading every ___ to see where I can improve :

I adjust my trading size based on :

The most important stats to me are __ because :